

# First Generation Support and Skill-building Group

Potential Topics Include:

- Adjustment to college
- Time management
- Resource Acquisition
- Stress management
- Assertive communication
- And more!

**February 14th - March 21st**

**Every Thursday 4 - 5:30PM**

Email Rashelle Nagata at [rwnagata@usc.edu](mailto:rwnagata@usc.edu) if interested!