Kortschak Center for Learning and Creativity

presents FEELIN' FRESH FRIDAYS

STUDENT UNION 311

Every Friday at **11-12pm** experience a different creative outlet that will inspire innovation, help you cope with stress, promote rejuvenation and allow you to discover new interests, hobbies and talents!

- PAINT YOUR TROUBLES AWAY—OCT. 25
- STRESS LESS WITH SLIME—NOV. 1
- A TO ZZZZ OF SLEEP—NOV. 8
- SENSORY STRESS BUSTERS—NOV. 15
- ATTITUDE OF GRATITUDE—NOV. 22
- FINAL STRETCH—DEC. 6

NO RSVP NEEDED!